

The best activities guide around!

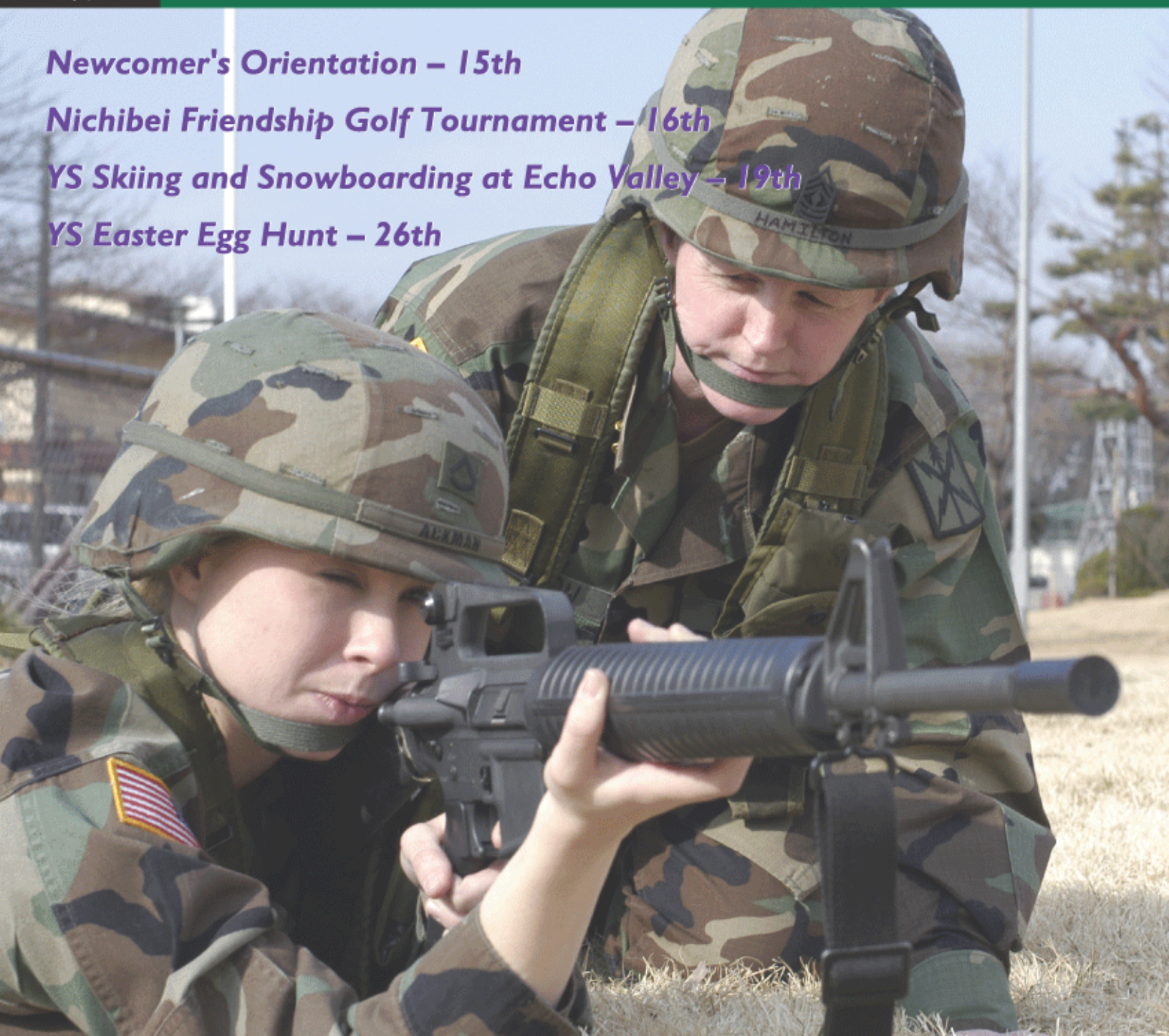
MARCH 2005

Newcomer's Orientation – 15th

Nichibei Friendship Golf Tournament – 16th

YS Skiing and Snowboarding at Echo Valley – 19th

YS Easter Egg Hunt – 26th



..... Child and Youth Services

Easter Egg Hunt

Saturday, 26 March

Refreshments will be provided --- many prizes will be given away (find those "special" eggs and win a "special" prize)

**At Zama, Rambler Field,
starts at 9 am (5 age groups, 0-12),
phone 263-4500**

**At Depot, Housing Area Playground,
starts at 10 am (5 age groups, 0-12)
phone 268-4700**

The Easter Bunny will visit Camp Zama at 9 am on Rambler Field and 10 am at Depot Housing Area Playground. He will hide his eggs for all youth. Don't miss out on the fun and prizes. Free to the community.



Thanks to our sponsors for supporting our community and our youth.

• Sponsorship does not imply endorsement by the U.S. Government.



March 2005

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Women's History Month Observance 18 March, 3:30 - 4:40 pm Community Cultural Center		1	2 <ul style="list-style-type: none"> Ladies Day Auto Craft Rebuilding a Chevy V8 (Completion) Auto Craft Mongolian BBQ CZCC 	3 <ul style="list-style-type: none"> 1st Annual "Rising Son" Training Chapel 	4 <ul style="list-style-type: none"> Payday Scramble CZGC Soup Supper (Catholic) Zama Chapel Teen AFAP YS 	5 <ul style="list-style-type: none"> Heiwajima Antique Fair Tour Adventure Fair CZCC Seussical the Musical CCC Plum Blossom Festival in Mt. Maku Park Tour
6 <ul style="list-style-type: none"> Yokohama Curry Museum and Kirin Beer Village Tour Seussical the Musical CCC King of the Hill Tournament Bowling Strawberry Picking and Mito Sea Paradise Tour Teen AFAP YS 	7	8 <ul style="list-style-type: none"> SHA CDC PAC Meeting 	9 <ul style="list-style-type: none"> Automotive Servicing Auto Craft Mongolian BBQ CZCC 	10 <ul style="list-style-type: none"> Sponsorship Training ACS Pre-deployment Training ACS Deployment Readiness Support Group Meeting ACS 	11 <ul style="list-style-type: none"> Parents Night Out SHA CDC Soup Supper (Catholic) Zama Chapel 	12 <ul style="list-style-type: none"> Mystery Ski Trip Tour Basketball Tournament (Girls 11 - 15) YS Sports Aikawa Park Tour Tokyo by Day Tour
13 <ul style="list-style-type: none"> Queen of the Hill Tournament Bowling "Cultural exchange" YS Kamakura Excursion Tour 70's and 80's Music Firelight Lounge 	14 <ul style="list-style-type: none"> Slam Dunk Competition Sports Nichiei Friendship Golf Tournament CZGC 	15 <ul style="list-style-type: none"> Newcomer's Orientation CCC 	16 <ul style="list-style-type: none"> Medical Morning and Community Tour ACS Ladies Day Auto Craft Automotive Servicing Auto Craft Mongolian BBQ CZCC 	17 <ul style="list-style-type: none"> Train Class Part I ACS Community Action Council Meeting ACS English Teachers Network ACS 	18 <ul style="list-style-type: none"> Shopping on the Economy ACS Community Night CZCC "6th Grade Happening" YS Soup Supper (Catholic) Zama Chapel 	19 <ul style="list-style-type: none"> Train Class Part II ACS Ski and Snowboarding Trip (Echo Valley) YS Basketball Awards Ceremony YS Sports
20 <ul style="list-style-type: none"> Enoshima Island Tour Passion (Palm) Sunday Service (Catholic) Zama Chapel St. Patrick's Day Brunch CZCC Ueno Zoo and Park Tour 	21	22 <ul style="list-style-type: none"> Baby Love Seminar ACS Intramural Volleyball Sports AFAP Symposium ACS 	23 <ul style="list-style-type: none"> Community Information Exchange Meeting ACS Mongolian BBQ CZCC 	24 <ul style="list-style-type: none"> Holy Thursday Mass (Catholic) Zama Chapel EFMP Class on Autism ACS Installation Advisory Council Meeting (IAC) 	25 <ul style="list-style-type: none"> Good Friday Service (Catholic) Zama Chapel 	26 <ul style="list-style-type: none"> Easter Egg Hunt YS Extreme Bowling Party Bowling Swim Meet YS Sports Kyoto Overnight Tour Easter Vigil (Catholic) Zama Chapel 3 on 3 Basketball Tournament Sports
27 <ul style="list-style-type: none"> Yano Aquatic Facility Open Yano Fitness Center No Tap Marathon Tournament Bowling Easter Sunrise Service Golf Course Easter Sunday Mass (Catholic and Protestant) Zama Chapel 	28	29	30 <ul style="list-style-type: none"> Swim Awards Ceremony YS Sports Mongolian BBQ CZCC 	31 <ul style="list-style-type: none"> Mayor's Luncheon CZCC 	UPCOMING EVENTS: <ul style="list-style-type: none"> Cherry Blossom Festival - 9th April Cherry Blossom Youth and Adult Run and Walk - 9th April 7-Person Soccer Tournament - 16th April Newcomer's Orientation - 19 April 	

St. Patrick's Day

BRUNCH

Sunday, 20 March
10 am - 1:30 pm

Come celebrate with us!

We'll be celebrating with traditional Irish favorites.



The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.



DMWR strives to provide individuals with disabilities reasonable accommodation, and are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

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THIS MONTH'S COVER

March is "Women's History Month". An observance for this important recognition will take place at the Community Cultural Center, 3:30 - 4:30 pm, Friday, 18 March. The theme is "Women Change America". We are proud of women serving in our Armed Forces and are pleased to feature two Camp Zama Soldiers on our March Bugle cover. 1SGT Therese Hamilton, 287th Signal Co., 78th Signal BN, is instructing PFC Tanya Ackman on primary rifle marksman, PFC Ackman is also from the 78th Signal BN.

Photo by Dick Haun

Technical enhancement by Hideko McKeta.



■ Zama Bowling Center • 263-4780

EXTREME BOWLING

Every Saturday Night
7 - 10 pm

"Unlimited bowling and shoe rental"
Children under 10: free
Children 10 - 17 years old: \$1.50
Adults: \$3.50

FREE BOWLING

Wednesdays, 3 - 9:30 pm. Bring
the family.

ACTIVITIES FOR THIS MONTH

- **King of the Hill Tournament**
Sunday, 6 March, noon - 5 pm. For just \$50, enjoy a whole day of bowling with some of the best bowlers in the Kanto Plain. Double elimination until we reach the "King of the Day".
- **No tap Marathon Tournament**
Sunday, 27 March, noon - 4 pm.

National Women's History Month

Queen of the Hill Tournament

•••13 March, noon - 5 pm•••

Women bowl
at a 50¢
discounted
rate for the
whole month
of March to
celebrate
National
Women's
History Month.



SPC Brian Glass, a lefty, bowled a 300 game on 24 January 05. SPC Glass works at DENTAC and has been bowling at Zama for several years. This is Brian's 7th 300. Congratulations Brian from MWR, the Zama bowling staff, and all your bowling counterparts.



26 March, 7 - 10 pm

eXtreme

Bowling Party

For more information, phone 263-4780



T

he Camp Zama DJ Club is a high school leadership club who promotes music as a fine art. The DJ Club learns and discusses the different types of music available to youth today. The club also practices and masters the youth center's state of the art DJ equipment to prepare for all MS and HS dances. The HS DJ Club members are required to mentor MS youth. The DJ Club meets every 2nd and 4th Monday of the month at the Camp Zama Youth Center.

■ Child and Youth Services • 263-4500

www.zamayouthcenter.org

YOUTH SERVICES HIGH SCHOOL LEADERSHIP PROGRAMS (9 - 12 GRADES)

• Torch Club

is a middle school leadership group designed to assist girls and boys in becoming productive citizens. A Torch Club consists of an adult advisor and 6 - 15 boys and girls. Torch Club members learn that they can make a difference in the world by taking an active and responsible role in setting the direction of their own lives. By helping others, they experience the gratification and self-esteem that comes with being wanted and needed. The MS Torch Club meets Mondays at the CZ Youth Center.

• Keystone Club

is a high school leadership group who creates and maintains high standards of health, education, character and citizenship for teens to develop into responsible, productive adults. The Keystone Club

offers teens the opportunity to: develop and use leadership skills; contribute to the community through service and volunteerism; foster understanding and respect between groups and individuals; learn life skills and information to live a responsible, fulfilled life; understand and participate in the free enterprise system through fund raising activities; enjoy fellowship and develop self-confidence. The Keystone Club meets twice a month at the CZ Youth Center.

• The Tech Club

is open to all youth services members and meets on Tuesdays at 3:30 pm in the Tech Lab. With the professional equipment and software the Tech Lab has, members learn life skills and on-hands experience by making, editing and producing video commercials, having photo shoots, creating web pages and web sites, producing graphic designs and much more.



C a m p Z a m a Y o u t h C e n t e r

SKI AND •••Echo Valley••• SNOWBOARDING TRIP

**Saturday, 19 March,
5 am - 9 pm**

Only \$45

Enjoy an exciting day of skiing and snowboarding at Echo Valley. The bus will depart the youth center at 5 am and will return at 9 pm. The cost, \$45, includes free ski or snowboard rental, transportation and free instruction from a trained professional. You must go to Outdoor Recreation for free equipment rental seven days prior to the trip. Sign up at Central Registration, Bldg. 533.

For more information, phone 263-4500

Installation Advisory Council Meeting (IAC)

24 and 26 March, 5 pm

Command Conference Room, Bldg 102

SAGAMIHARA HOUSING AREA

• Parents Night Out

SHA CDC hourly care is offering a special Friday "Parents Night Out", 11 March, 6:30 - 11:30 pm.

• Reservation information:
• Call the Central Registration Office at 263-4743/4125, NLT 9 March.
• Hourly care fee must be paid in advance at the Central Registration Office.

• Payment or cancellation must be made by 9 March.

• Your child must be registered in the CYS program and immunizations must be up to date.

• Please serve dinner prior to dropping off your kids (only snacks will be provided).

• **SHA CDC PAC Meeting** (for patrons only) will be held on Tuesday, 8 March, 4 - 4:45 pm, at the SagamiHara Housing Area Child Development Center. For more information, phone 267-6564/263-5008.

Youth Sports (263-5437/5919)

- Hip to be Fit 1, 3, 8, 15, 17, 22 and 29 March, held at the Zama and SHA CDC and SHA SAS.
- Youth of Power 3, 9, 17 and 31 March, 3 - 4 pm, at the Yano Fitness Center.
- Softball (all girls) 9 - 11, 12 - 15 age group, registration will close 16 March; register at the Central Registration Office, Bldg #533, phone 263-4125.
- T-Ball, Coach, Pitch, Baseball Registration, will close 16 March; register at Central Registration Office, Bldg #533, phone 263-4125.
- Basketball Tournament (girls, ages 11 - 15 group), 12 March, 9 am - 3 pm.
- Basketball Awards Ceremony, 19 March, 9 am - 3 pm.
- Baseball Coaches Meeting and Skills Assessment, 5 - 6 age category, 18 March, 6 - 7 pm; 7 - 8 age category, 22 March, 6 - 7 pm; 9 - 15 age category, 23 March, 5 - 6 pm.
- Swim Meet, 26 March, 8:30 am - 3 pm, at the Yano Fitness Center.
- Swim Awards Ceremony, 30 March, 6 - 7 pm, at the Camp Zama Youth Center.



HOT SHOTS

... Camp Zama Youth Sports ...

Get a head start on the game, be a HOT SHOT!

Camp Zama Youth Sports presents "HOT SHOTS". This is an all-new sports program catering to youth between the ages of 3 - 4 in three major sports: soccer, basketball and T-ball. Age appropriate equipment will be provided to make the experience as enjoyable as possible. Cost for each sport is only \$15, and each player will receive an official Hot Shots t-shirt. Games will be held once a week and will last approximately 30 minutes. This program is designed to introduce youth to the fundamental skills of each sport in a fun filled setting.

	Registration	Season
T-Ball	ends 16 March 05	27 April - 1 June 05
Soccer	1 July - 30 August 05	28 September - 2 November 05

For more information, contact Stefan Thompson at 263-5437 or Mike Sherwood 263-3424

Youth Center March Activities

- Teen AFAP (Army Family Action Plan) will be held 4 - 6 March. If you want to make a difference in our community this is the way to do it. Call 263-5441 for more information.
- On 13 March, 3 - 6 pm, come out and enjoy a day of "cultural exchange" at the Zama Youth Center. For more information, phone Robert Chance at the youth center.
- On 18 March, the monthly "6th Grade Happening" from 7 - 10 pm. The cost is \$2. Transportation will be provided from Sagami Depot at 5:45 pm, SHA Commissary, and Atsugi Theater at 6:30 pm. Come out and enjoy a night of fun, food and lots of entertainment.
- Learn Web designing every Tuesday at 4:30 pm. This program will introduce members to the principles and practices of Web design and development. Members begin by creating simple, one-page sites with text and clip art images, and advance to building more robust sites with page links, graphics, text and sound. Along the way, they learn important design lessons about page layout, color choice and graphic weight. Take what you learn and enter the BGCA web design contest or help with our website.
- Every Thursday the Photo Club will meet at the youth center. Whether you're a beginner or a novice photographer, you will benefit from this eight week course by learning photography basics, picture compositions, flashes and film, concepts of lighting, focusing on careers, and the latest in digital photography and digital files. We'll supply you with a camera, both digital and 35mm, film, paper and reference guide. Take what you learn and enter the local MWR, BGCA and 4-H photo contest.

T

he 2005 Army Family Action Plan Symposium is scheduled for 22 - 25 March. Issue boxes are available throughout the communities of Camp Zama, Sagamihara and Sagami Depot for you to drop off your form. The last day to submit an issue is 8 March. You can also go to <http://www.mwrjapan.jp.pac.army.mil> and click on "Submit a 2005 AFAP Community Idea/Concern". Issues can be submitted anonymously. If you have any questions or concerns, please call 263-4783.

■ Army Community Service • 263-8327

RELOCATION READINESS / MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-8089

• *Medical Morning and Community Tour*

Health care professionals provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory to receive over the counter medications, is also given during this briefing. The briefing will be held on 16 March in the ACS Community Room, 8 - 10:30 am. The orientation is mandatory for military and civilian personnel. Adult family members may also attend. The IN/OUT Processing Office (263-4122) will schedule attendees for this program.

A community bus tour will be conducted immediately following the briefing. All newly arrived personnel are encouraged to attend. Lunch will be provided. The tour is scheduled from 10:45 am - 2:30 pm. Please call ACS at 263-8327 to register (tour only).

• *Newcomer's Train Class Parts I and II*

Part I will be held on Thursday, 17 March, 6 - 8 pm, in the ACS Com-

munity Room, Building 402. Get out and see Japan! This class will teach you how to read the signs in the stations, buy train tickets, and more.

Part II will be conducted on Saturday, 19 March at 9 am. Join us as we practice how to travel by train and subway. Our class will travel to Tokyo, stop for lunch at the New Sanno Hotel and shop in Shinjuku. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses. All attendees should meet at Gate 4.

• *English Teachers Network*

This month's English Teachers Network will meet on 17 March, noon - 1 pm. Teaching English in Japan can be fun and rewarding. Find out how to recruit students, what fees to charge, where to buy materials, and meet with others who have experience teaching.

• *Shopping on the Economy*

Community members wishing to attend the "Shopping on the Economy" class should mark their calendars for Friday, 18 March. This class will depart Gate 4 at 9:45 am and will return approximately at noon. There are many great bargains right outside the gate. Let our Japanese experts show you how to shop at the department stores, where to find the best fruits and vegetables, and more. Call 263-8327 to sign-up. Bring ¥400 for transportation and some for extra purchases. Children are welcome..

• *Japanese Language Class*

Would you like to learn to speak Japanese? ACS offers a basic conversational Japanese language class! This class is held every Wednesday from 10 am - noon in the ACS Outreach Room, Bldg 402. For more information, call 263-8089, or to sign up for the class call 263-8327.

• *English Language Class*

Want to improve your English language skills? A Basic English Language class is held every Monday from 10 am - noon in the ACS Outreach Room, Bldg. 402.

• *Knitting Class* meets every Tuesday of the month from 9:30 - 11:30

NEWCOMER'S ORIENTATION

Tuesday, 15 March 05, 8:30 am - 3:30 pm
Camp Zama Community Cultural Center

- Mandatory for military and civilian personnel. Adult family members are encouraged to attend (free childcare is available by phoning CDS in advance at 263-4743).
- Key personnel will present an overview of the policies and services available, plus key reps from numerous organizations will be on-site to answer questions and provide informational handouts.
- Opening welcome by the Commanding General and the Garrison Commander.
- Enjoy a bus tour and a special "Taste of Japan" luncheon.



am in the ACS Outreach Room. Learning to knit or crochet can be great fun. Let our Japanese volunteer show you how.

- **Sponsorship Training**

Learn how to be an effective sponsor. Sponsorship training is held the 2nd Thursday of the month at ACS from 1:30 - 2:30 pm in the Outreach Room. This training is mandatory for Soldiers and civilians who are assigned as sponsors. Unit training is available upon request by calling 263-8089.

- **Pre-deployment Training**

ACS offers this training the 2nd Thursday of the month from 3 - 4 pm in the Outreach Room. This training is available to all deploying military members and their families. The briefing discusses ways to prepare financially, physically, and emotionally for family separations. Unit training is also available by calling 263-8089/4572.

- **Deployment Readiness Support Group**

If your spouse is deployed, then Army Community Service is looking for you! ACS conducts a support group for family members of deployed Soldiers. The support group is held the 2nd Thursday of the month from 5:30 - 6:30 pm in the ACS Community Room, Bldg. 402.

AFTB AND AFAP / MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-4783

Did you know that you can take Army Family Team Building courses on-line? Levels I, II, and III are all available at your fingertips! Just log onto www.aftb.org and register.

FAMILY ADVOCACY PROGRAM, 263-8327

- **Family Maltreatment Prevention**

The Family Advocacy Program provides services that are designed to prevent spouse and child abuse. The prevention of family violence is a community responsibility, which includes awareness, education, and intervention in high-risk situations. If

you, your unit, or organization would like to schedule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education, family life enhancement etc., contact the Family Advocacy Program at 263-8327.

The Reporting Point of Contact (RPOC) for suspected child or spouse abuse is the Military Police at 263-3002. If you have questions regarding child or spouse abuse, call 263-8327.

NEW PARENT SUPPORT PROGRAM (NPSP), 263-3638

The NPSP specialize in assisting and offering services to new and expecting parents.

Play Morning is an interactive playgroup for parents and children birth to 6 years and is offered every Tuesday at SHA CDC from 9:30 - 11:30 am, and every Thursday at Zama Chapel, 9:30 - 11:30 am.

In conjunction with Play Morning, the NPSP has a Baby Love Seminar every 4th Tuesday of the month. This 1-hour informative session is facilitated by a subject matter professional providing a wealth of information on a variety of topics relating to children from birth to 6 years of age.

EXCEPTIONAL FAMILY MEMBER PROGRAM

- **EFMP Class on Autism**

Army Community Service's Exceptional Family Member Program at Camp Zama is presenting a class on autism. The class will be held on March 24th from 11:30 am - 1 pm at ACS, Building 402. The presenter will be Child Psychologist Dr. Margaret Swank. She will cover a variety of areas related to autism. Interested parents, teachers and child care providers should call 263-8087 or 263-8327 to sign up.

Enrollment in this program is mandatory for family members PCSing overseas with medical or educational concerns that require special attention. If you are currently enrolled in

EFMP, keep in mind that your file must be reviewed if your condition changes or every 3 years which ever comes first. If you are new to Camp Zama and are the sponsor of an Exceptional Family Member, it is mandatory for you to in-process with ACS EFMP Coordinator at 263-8327.

COMMUNITY LIFE OFFICE, 263-5550

- **Volunteer Information**

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. Historically, America has a long and proud tradition of relying on volunteers to help other people help themselves. Today, America's volunteers are touching other people's lives by solving problems, while exploring new chances for personal growth.

- **Community Information Exchange (CIE)**

The Community Information Exchange is held monthly and it enables community leaders, command spouses, FRG representatives, unit representatives, organization leaders and any military or civilian who would like to attend to come together to share information. The next CIE will be held on 23 March at 9 am in the ACS Community Room.

- **Community Action Council**

This is a forum designed to bring together a cross-section of organizations/activities to share programs and updates with Soldiers, civilians and their families. All community members are encouraged to attend (held on 17 March from 3 - 4:30 pm in the CZCC left wing).

- **Mayor's Luncheon**

This is a quarterly meeting for all the community mayors, deputy mayors and high rise coordinators to come together with the Garrison Command to discuss any community issues and ideas (held on 31 March in the CZCC Garden Room from 11:30 am - 1:30 pm).

Y

oga. "Hatha Yoga" is now being offered on Mondays, 10 - 11:30 am, at the Yano Fitness Center Cardio Room. "Meditative Yoga" is now being offered on Wednesdays, 5 - 6:30 pm, at Army Community Service. The cost is \$6 per class or \$20 per month (Monday or Wednesday). Sign-up at the Yano Fitness Center front desk or phone 263-4664.

■ Sports Office • 263-3954

SPORTS

• **Camp Zama Intramural Volleyball** starts on/about 22 March. Units and organizations in the Camp Zama, Sagami Depot, and Sagami-hara Housing Area are eligible. Entry deadline is Wednesday, 16 March, 3:30 pm. Individuals desiring to participate whose unit or organization does not have a team may enter the player's pool. For more information, call Andy Abear at 263-7980 or e-mail: andrew.abear@zama.army.mil.

CLASSES

• **Step Aerobics**
Tuesday and Thursday, 5:30 - 6:30 pm
• **Toning Class**

Tuesday, 4:45 - 5:30 pm
Monthly, weekly, and daily cards are available (there is a fee for this program). For more information, contact the Yano Fitness Center at 263-4664.

MASSAGE THERAPIST

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days offered are Tuesdays - Saturdays (first appointment is 10:30 am and the last appointment is 4 pm). Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

THE TANNING BOOTH AND AQUA MASSAGER ARE AVAILABLE FOR USE:

- **Tanning Booth:** \$2.50/visit, \$20 for 10 visits, \$35 for 20 visits.
- **Aqua Massager:** \$5 for 15 minutes
- **Jacuzzi, Steam Room and Sauna**
The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings the jacuzzi is closed for maintenance.

AQUATICS, 263-5656

• **Junior Lifeguard Program**
11 - 15 April, 9 am - 4 pm, Monday through Friday. Guard Start is for youth 11 and older who are interested in building a foundation of knowledge, attitudes, and skills to prepare them for the American Red Cross Lifeguard Training Course. There is also a mentoring program for youth who successfully complete the Guard Start Program enabling them to volunteer as Junior Lifeguards. Registration for the Guard Start Program ends Wednesday, 6 April. Registration is taken at the front desk at Yano Fitness Center. See flyer for specific details including prerequisites.

• Pool Party Reservations

If you are considering a pool party please submit a "Pool Party Reservation Request" to the aquatics di-



3on3
Basketball Tournament
Saturday, 26 March, 10:30 am

- Open to all (18 years of age and older and not in high school).
- Entry deadline is Thursday, 24 March.
- For more information, phone Andy Abear, 263-7980.



SLAM DUNK
The
COMPETITION
Monday, 14 March, 6 pm

- Open to all (18 years of age and older and not in high school).
- Entry deadline is Friday, 11 March.
- For more information, phone Andy Abear, 263-7980.

... YANO POOL, JACUZZI, SAUNA AND STEAM ROOM CLOSURE ...

- Yano Pool, Jacuzzi, Sauna, and steam room will be closed 14 - 26 March
- There will be no tanning appointments available during these dates.
- The annual warranty inspection and other contracted work will be done 14 - 25 March.
- There is a Youth Services Swim Meet on Saturday, 26 March.
- Yano Aquatic Facility will reopen on Sunday, 27 March.
- For more information, call 263-4664.

rector at the Yano Fitness Center no less than two weeks in advance of the date being requested. Forms are available at Yano Fitness Center. Forms can be faxed to you at your request. Open dates can be verified by phone, however, a reservation is not officially accepted until the form has been submitted, the reservation date and time confirmed for availability by the aquatics director, availability of staff assessed (for after hours pool parties specifically), and the aquatics director approves the request. For more information, contact Kimberly Bailes, 263-5656.

• Training Reservations for the Swimming Pool

If you are considering utilizing any of the pools for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the aquatics director at the Yano Fitness Center. For reservations at the Yano pool, submit the reservation request preferably *two weeks* in advance but **NO LESS THAN one week** in advance. Forms can be faxed to you at your request. Open dates can be verified by phone, however, a reservation is not officially accepted until the form has been submitted, the reservation date and time

confirmed for availability by the aquatics director, availability of staff assessed, and the aquatics director approves the request. For more in-

formation, contact Kimberly Bailes, at 263-5656.

PT TRAINING

Need ideas for PT Training? Do you need an instructor? We can help!

Types of training we support:

Water Survival Training, Aqua Jogger, APFT Swim Test, Group Swimming Lessons (for Soldier PT only), Water Exercise, Swimming Technique, Water Polo, and Water Basketball.

For information reference any of the above classes and reservations, contact Ms. Bailes at 263-5656.

WATER SAFETY

The Water Safety Instructor Course prepares the individual to teach the American Red Cross Learn-to-Swim Program, as well as Basic Water Safety, Whole Tales, and much more.

The course date are as follows:

18 April - 23 May, Mon, Wed, Thu, 5:30 - 9:30 pm

30 April - 14 May, Sat, 8:30 am - 5:30 pm.

Registration deadline is Wednesday, 13 April.

INSTRUCTOR COURSE

See flyer for registration fee, prerequisites, and information specific to this course. Registration is taken at the front desk at the Yano Fitness Center.

... For more information, contact kimberly Bailes, 263-5656. ...

INSTRUCTORS/MASSAGE THERAPIST NEEDED

The Yano Fitness Center is looking for Aerobic and Yoga instructors, and a Massage Therapist, Volleyball Officials and Scorekeepers. If interested, please call the Sports Office at 263-3954 or 263-7980.



Spring LEARN-TO-SWIM PROGRAM

Schedule:
2 April - 1 May: Sat and Sun classes • 18 April - 6 May: Mon, Wed and Fri classes • 19 April - 17 May: Tue and Thu classes

Registration for the April Learn-to-Swim Program ends Wednesday, 30 March for weekend classes, and ends Wednesday 13 April for weekday classes. Registration is taken at the front desk at the Yano Fitness Center. The deadline to register for each session will be the Wednesday prior to the start of each session. See flyer for specific details: fees, locations, dates, times, and levels offered. Some dates may change or vary. Classes may be cancelled based on staffing availability and/or participation at specific locations, times, and levels. For more information, contact Kimberly Bailes, phone 263-5656.

“See the Bugle for the
advertisement”.

CATHOLIC SERVICES

Mondays - Thursdays, noon - 12:15, daily mass. Blessed Sacrament Chapel

Sundays, 9:15 am, Mass, Zama Chapel

Sundays, 11 am, CCD, Religious Education Center

Childcare is provided for children up to age 36 months from 9 - 10:30 am in Bldg. 502 (building next to the chapel parking lot).

1st Sunday, 5 pm, Parish Potluck, Religious Education Center

1st Friday, 7:30 pm, CWOC Mass, Blessed Sacrament Chapel

2nd Friday, 7 pm, Our Lady's Rosary Makers, Religious Education Center

PROTESTANT SERVICES

Sundays, 9 am, Sunday School / Team-Kid, Religious Education Center

A nursery is provided for children up to age 36 months at Zama CDS, Bldg. 502, during the time of Sunday services only.

Sundays, 11 am, Worship Service, Zama Chapel

Sundays, 5:30 pm, Youth Group, Chapel Annex

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School, Sagamihara Chapel

Sundays, 10:30 am, Worship Service, Sagamihara Chapel

PENTECOSTAL WORSHIP SERVICE

Sundays, 8 am, Worship service, SHA Chapel

SEVENTH DAY ADVENTIST SERVICES

Saturdays, 9:15 am, Sabbath Worship Service, Zama Chapel

Wednesdays, 6:30 pm, Prayer Meeting Service

Fridays, 6:30 pm, Vespers Service, contact Mr. Gilman at 263-9004 (W) or 046-293-0156 (H)

JEWISH SERVICES

2nd and 4th Friday, 5:30 pm, Yokosuka Naval Base Chapel, LCDR Gersh, 243-9511

ECKANKAR

An introduction to Eckankar, religion of the light and sound of God, will be on 18 March from 12:30 to 1:30 pm at the Religious Education Center, room 112. Call Sue at 267-6227 for more information.

BUDDHIST SERVICES

(Soka Gakkai International)

Mondays and Fridays, 7 pm, discussion and meditation, SHA Chapel, contact Mr. Fulford at 046-257-0613 or Mr. Connie Slade at 268-4974.

ON GOING BIBLE STUDIES

Wednesdays, 6 - 8 pm, Protestant Women of the Chapel (PWOC) Bible Study, Zama Chapel, Carleen Dunn at 267-6275

Thursdays, 9:30 am, PWOC Bible Study, Carleen Dunn at 267-6275

CHAPEL ACTIVITIES IN MARCH

Thursday - Friday, 3 - 5 March, Protestant Women of the Chapel's First Annual "Rising Son" Training and Leadership Conference, Yokota AB. For details, contact Kelly Croom at 267-6115 or email

campzamapwocsecretary@hotmail.com

Fridays, 4, 11, 18 March, 6 pm, Sta-

tions of the Cross followed by Soup Supper (Catholic), Zama Chapel.

Sunday, 20 March, 9:15 am, Passion (Palm) Sunday Service (Catholic), Zama Chapel.

Thursday, 24 March, 6 pm, Holy Thursday Mass (Catholic), Zama Chapel.

Friday, 25 March, 6 pm, Good Friday Service (Catholic), Zama Chapel.

Saturday, 26 March, 8 pm, Easter Vigil (Catholic), Zama Chapel.

Sunday, 27 March, 6 am, Easter Sunrise Service (Community), Golf Course (First Tee).

Sunday, 27 March, 9:15 am, Easter Sunday Mass (Catholic), Zama Chapel.

Sunday, 27 March, 11 am, Easter Sunday Service (Protestant), Zama Chapel.

The Zama Chapel has many other programs for you and your family (bible studies, youth groups, men's groups, women's groups, music programs). If you desire more information, please call the chapel at 263-4898.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

(The Mormons)

Sunday Services, 2 - 5 pm at the LDS Chapel on Highway 16

Tuesday Night Youth Service, 7 pm at the SHA Chapel

W o m e n ' s H i s t o r y M o n t h


ESSAY CONTEST

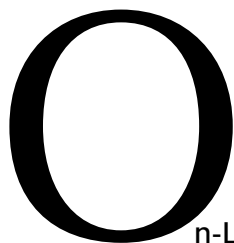
In celebration of Women's History Month, the 78th Signal Battalion is sponsoring an essay contest for children in grades 3 - 12th to raise community awareness on the impact women have made throughout history.

Topics will be as follows:

- 3 - 5th grade: "The woman who has changed my life is..."
- 6 - 8th grade: "The woman who has changed the course of history is..."
- 9 - 12th grade: "The woman who has changed the world forever is..."

First place essays in each category will win \$100; second place in each category will win \$50. Essays are due MLT 4 March and can be submitted by e-mail to paul.tomoka@zama.army.mil or by Military Postal Service to Paul Tomoka, 78th Signal Bn, Box 1242, APO AP 96338-5012.





n-Line

Research Tool. Try our on-line research tools First Search, OCLC, and Facts on File to search for the information you need. Stop by the library and discover a world of information at your fingertips.

LIFETIME SPORTS & RECREATION

Read a Book (adult = 1 book / minimum of 300 pages; child 6 - 4 = total of 14 easy or 300 pages of fiction or non fiction)



Story Hour is every Thursday, 10 am, at the Sagamihara Library.

Interested in being a volunteer storyteller at SHA? Please call 263-5267.

Community Libraries • 263-3517

E-BOOKS

Read, browse or check it out. Over 2,000 titles are available on subject areas such as military, business, computer science, psychology, and religion. Everyone is eligible. Use at the library or at home. Stop by the Zama, SHA or Depot Library to apply for a personal E-book account today.

Have fun learning lifetime skills by joining the Lifetime Sports and Recreation Program! Read a book and participate in any other three additional events/programs and receive a free lifetime hat or shirt.

NEW MCNAUGHTON BOOKS

- Chronicles by Dylan, Bob (Best-seller)
- The Last Season by Jackson, Phil (Best-seller)
- Double Shot by Davidson, Diane Mott
- Family First by McGraw, Philip C.
- The Gift by Roberts, Nora
- Green River, Running Red by Rule, Ann
- Light on Snow by Shreve, Anita
- Magical Thinking by Burroughs, Augusten
- Metro Girl by Evanovich, Janet
- Nights of Rain and Stars by Binchy, Meave
- The Prince of Beverly Hills by

Woods, Stuart

- Schopenholic and Sister by Kinsella, Sophie
- Shadow War by Minister, Richard
- The Stupidest Angel by Moore, Christopher
- The Two Swords by Salvatore, R A
- Will They Ever Trust Again? by Moore, Michael
- Your Best Life Now by Osteen, Joel

NEW BOOKS

- The Brand-New House Book by Salant, Katherine
- The Expectant Father by Brott, Armin A. and Ash, Jennifer
- 40,001 Best Baby Name by Stafford, Diane
- Hard Road to Freedom: The Story of African American by Horton, James O.
- How to Buy a House With No (or Little) Money Down by Shenkman, Martin M.
- The Little Giant Encyclopedia of Card and Magic Tricks
- The New Magician's Manual by Gibson, Walter B.
- 100 Questions Every First-Time Home Buyer Should Ask by Glink, Ilyce R.
- Tokyo A Certain Style by Tsuzuki, Kyoichi
- Vaccinations: A Thoughtful Parent's Guide by Romm, Aviva J.
- What Every American Should Know About the Rest of the World by Rossi, M. L.
- Special Forces in Afghanistan by Micheletti, Eric

NEW DVDS

The Old Man and the Sea .. Drama
Tess of the D'urbervilles Drama
Wuthering Heights Drama
Cyrano de Bergerac Drama
Old Yeller Family
The Call of the Wild Adventure
Metropolis Sci-Fi
Anne Frank Remembered ... Documentary

Check out our web site: <http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

CAMP ZAMA

Cherry Blossom Festival

Saturday, 9 APRIL 2005 (1100 - 1800)



7K RUN & 3K WALK,
GAMES, ENTERTAINMENT,
MUSIC, EXHIBITIONS,
FOOD

Information: 263-3311



Super Bowl Party was "SUPER"

Special Guest: Miami Dolphin Cheerleaders

The 7 February Super Bowl Party at the Zama Community Club was, in a word, "SUPER". While the Party participants, this year's Party attracted a very large crowd, with some attendees waiting outside the club area as

Of course, the special appearance of the Miami Dolphin Cheerleaders was the major factor for the large turnout. They performed on their side with an energetic, opening dance routine at 7:45 am, and enhanced their crowd acceptance by going for autographs and willingly posing for many individual and group photographs.

They continued a similar routine for our youth at the Camp Zama Youth Center. After performing several of their 30-minute instructional clinic for the youth cheerleaders, and then signed autographs and posed for many individual and group photographs.

Without a doubt, they elevated the word "ambassador", bringing considerable positive recognition to the Dolphins. They brought a quality program and considerable recognition to Camp Zama, and, in a word, we would like to say



PER"

y in the past has attracted many
early as 6 am.
out. They quickly got the audience on
from table to table, patiently signing

dance routines, they conducted a
vidual and family photos.
olphin organization. At the same time,
say "THANKS".

Photo by 78th Signal Bn, VID by Mr. Kiyoshi Tokeshi



O

n Sunday,
13 March, 8 - 11 pm, 70's
and 80's music in the
Firelight Lounge.

Check out Cafe'
Roberto's!!! Sandwiches,
salads, nachos, pizza,
great coffee, and
"smoothies" are available
for your eating pleasure.

■ Camp Zama Community Club

• 263-4133

■ EDA'S SEAFOOD AND FILET

Check out Eda's new menu.

A touch of elegance featuring quality meals and service. Dinners for as little as \$18.95! Something for everyone! Reservations are encouraged. Dress code is business casual; no tie or jacket required. Open Thursday and Sunday from 5 - 9 pm; Friday and Saturday from 5 - 10 pm.

■ BINGO NIGHT

More games and more money to pay out. Progress SR Jackpot \$10,000.00 starting with 48 numbers and every Sunday will go up one number. On Thursday, cards go on sale at 6 pm, the game starts at 7 pm, and on Sun-

day cards go on sale at 5 pm, the game starts at 6 pm. Every Thursday and Sunday nights try out terrific games! Join the winner's circle with many others who have won our money giveaway. Maybe you will be one of the lucky ones to win our large cash payout. But, you will never know unless you come out. Don't worry about dinner; you can eat while you play.

■ USA SUNDAY BRUNCH

Open 10 am - 1:30 pm.

adults: \$12.95; youth (8 - 12) \$4.95; youth (4 - 7) \$2.50; and youth (3 and under): Free

■ MONGOLIAN BBQ

Every Wednesday in the ballroom, 5 - 9 pm, with modified menu. Reservations are welcome. USA Dining Room and Eda's Seafood and Filet will be closed.

• Firelite Lounge

Thu Variety Music 8 - 11 pm

Fri Karaoke 7 - 10 pm

Hip Hop

10 pm - 3:30 am

Sat Country

8 pm - 2:30 am



Family Night Dinner Any two meals for \$10
"Every Tuesday, 5 - 9 pm"

- Meat Loaf
- Herb Roasted Chicken
- Tonkatsu
- Spaghetti w/Meat Sauce
- Roast Beef

"Served with vegetable of the day, choice of baked potato, rice, mashed potatoes, French fries and soup and salad bar"

Camp Zama Community Club • Firelite Lounge • Saturday, 26 March • 8-11 pm

COUNTRY BAND & DJ

\$8.00/¥1,000 Per Person (includes hors d'oeuvres) • More Information: 263-4547

LUNCH

Sunday

Sunday Brunch (10 am - 1:30 pm)

Adult: \$12.95

Youth 8 - 12: \$4.95

Youth 4 - 7: \$2.50

3 and under: Free

20 St. Patrick's Day Brunch

Monday - Closed

Tuesday

1 Chicken Adobo

8 Katsudon

15 Spicy Fried Chicken

22 Veal Parmesan

29 Pork Loin Cheese Picata

Wednesday

2 Pork Escalopes Mustard Cutlet

9 Pancit Bifun

16 Baked Meat Loaf

23 Hamburger Steak

w/Mushroom Sauce

30 Marbou Nasu

Thursday

LUNCH

3 Beef and Green Peppers

10 Beef and Potato Croquettes

17 Beef Stroganoff

24 Korean Spicy Beef
and Vegetables

31 Hashed Beef w/Noodle

Friday - Smorgasbord

4 • Tandoori Chicken

• Pork Curry

• Rice Pilaf w/Almond

11 • Teriyaki Fish Fillets

• Sweet Sour Pork

• Fried Gyoza

18 • Mexican Chicken

• Baked Fish Fillet

w/Lemon Butter Sauce

• Paella (Chicken and Sausage)

25 • Beef and Broccoli

• Fried Fish Fillet w/Ankake

• Steamed Shumai

• Fried Rice

Saturday - No Lunch

DINNER MENU

Sunday

• 2 for 1 Steak Night

• Limited Menu

• Fine Dining

Monday - Closed

Tuesday

• Regular Menu

• Two for one special (\$10)

Wednesday

• Mongolian BBQ

• Limited Menu

Thursday

• Limited Menu

• Fine Dining

• All You Can Eat Pizza,
Pasta Bar and Salad Bar \$9.95

Friday

• Fine Dining

• Regular Menu

• Chef's Special

Saturday

• Fine Dining

• Regular Menu

• Prime Rib Dinner

• 6oz Prime Rib and
Shrimp Scampi (\$12.95)

OTHER EVENINGS IN THE USA DINING ROOM

- Chef's Special on Friday evenings plus regular menu.
- Prime Rib and Seafood Combo on Saturday.
- 2 for 1 Steak Night every Sunday (good for "steak of the night" only)
- Our regular menu will be offered in addition to the above specials on Saturday night and modified menu on Sunday nights!

camp zama community club • firelite lounge • 263-4547

USAR-J

community night



friday
18 march
5-8 pm

at the door: \$5.00

advance tickets: \$3.00

lots of finger foods • karaoke • information: 263-4547

C a m p Z a m a C o m m u n i t y C l u b



Adults: \$9.95

Youth:

4 - 7: \$3.95

8 - 12: \$5.95

Under 3: FREE

THURSDAY NIGHT

Special

• All you can eat pasta,
pizza, soup and salad bar.

• We are offering four
different pizza toppings and
10 - 15 different kinds of salad.

For more information, phone 263-4133

T

he Sagami Lounge
will present "HIP HOP SLAM"
Part III, Saturday, 5 March.

Remember to try one of
Sagami Lounge's "All-U-Can
Eat" lunch buffets (Tuesdays,
8 and 22 March).

Sagami Lounge
March Activities

- Friday, 4 March, 8 pm,
70's and 80's Music w/DJ
- Saturday, 5 March, 8 pm,
"Hip Hop Slam" Part III
- Friday, 11 March, 8 pm,
Country Music w/DJ
- Saturday, 12 March, 6 - 8 pm,
Family Night Bowling
- Friday, 18 March, 8 pm,
70's 80's Music w/DJ
- Friday, 25 March, 8 pm,
Country Music w/DJ
- Saturday, 26 March,
6 - 8 pm, Family
Karaoke Night

Sagami Lounge
FREE
KIDS MOVIES

Every
Wednesday,
6 pm

■ Sagami Lounge • 268-4954/4847 Orders: 268-4142

LUNCHES

MONDAY

- 7 Meat Loaf w/Sauce
- 14 Beef Sirloin Steak
A La Chaliapin
- 21 London Broil w/Gravy
- 28 Pizza and Fettucine
w/Meat Balls

TUESDAY

- 1 Fried Chicken Maryland
- 8 All-U-Can Eat
Oriental Buffet
- 15 Stewed Pork Okinawa Style
- 22 All-U-Can Eat
American Buffet
- 29 Okinawa Style Taco Rice

WEDNESDAY

- 2 Beef Pot Pie
- 9 Stuffed Pork w/Almond
and Potatoes
- 16 Italian Grilled Chicken
w/Mexican Rice
- 23 Beef Soft Tacos
w/Sauce and Dressing
- 30 Cornish Hen

THURSDAY

- 3 Lasagna w/Garlic Bread
- 10 Greek Moussakas w/Bread
- 17 Breaded Pork Chop w/Salsa
- 24 Hamburg Steak w/Sauce
w/Sauerkraut and
Potatoes
- 31 Polish Sausage

FRIDAY

- 4 Deep Fried Shrimp
and Scallops
- 11 Seafood Newburg w/ Rice
- 18 Shrimp Scampi w/ Rice
- 25 Grilled Eggplant
w/Shrimp and Sauce

DINNER SPECIALS

TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7.50)

- 1 Mexican Dinner Special
- 8 BBQ Dinner Special
- 15 Japanese Dinner Special
- 22 Pizza & Pasta Dinner Special
- 29 Chinese Dinner Special

WEDNESDAY NIGHT

2, 9, 16, 23 and 30 March,
draw your own discount

THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 3 Italian Dinner:
Salmon and Seafood Risotto
- 10 Korean Dinner:
Beef and Kimchee Saute
- 17 French Dinner:
Beef Tenderloin
w/Wine Sauce
- 24 Japanese Dinner:
Salmon Saute
w/Radish Sauce
- 31 Italian Dinner:
Deviled Chicken

FRIDAY NIGHT

- 4 Steak and Lobster Tail (\$25)
- 11 Steak Wellington (\$25)
- 18 Steak and Crab Legs (\$25)
- 25 Steak and Shrimp (\$20)

SATURDAY NIGHT (MONGOLIAN BBQ)

Saturday, 5, 12, 19 and 26 March.

■ Hob Nob Inn • 267-6097

HOB NOB NEWS

The Hob Nob Inn dining room in the Sagami-hara Housing Area is available for use for private parties, Monday through Saturday. Dates and times are available on a first-come, first-serve basis. Room deposits are required to hold the date. Please contact the Hob Nob Inn for your reservation at 267-6097.

KARAOKE NIGHT

Every Friday, 4:30 pm - 1 am. A great way to get together with your friends. Adults only.

HOURS OF OPERATION

Mon, Tue, Thu: 4:30 - 9 pm
Wednesday: 4:30 - 11 pm
Friday: 4:30 pm - 1 am
Saturday: 7 pm - 1 am
Sunday, Holiday: Closed

■ Camp Zama Golf Club • 263-4224

<http://www.usarj.army.mil/information/mwr/business/golf/>

FREE PAYDAY SCRAMBLE

Friday, 4 March, shotgun start at 11 am and Friday, 1 April, shotgun start at noon. MWR is paying the \$15 entry fee and green fees for nonmembers. MLC/IHA pay ¥4,000 and JGSDF pay ¥2,000.

FREE

NICHIBEI FRIENDSHIP GOLF TOURNAMENT

Monday, 14 March, shotgun start at 9 am. Cost is \$25 for annual members and includes cart and prizes. Contact Ernie Harada at 263-4225 to sign up.

TOMODACHI DAY

Tomodachi Days in March will be held on Friday the 11th, 18th, 25th and Monday, 28th. Up to three of your Japanese guests can play with you for the low fee of ¥4,000 plus

cart fee. This is a significant savings over the regular rate of ¥10,000.

ATTENTION GHIN SUBSCRIBERS

Don't forget to renew your GHIN (Golf Handicap Information Network) annual dues of \$20.

NOTE

Looking for a locker to rent at the

golf course? The annual fee is \$60 and lockers are now available. Sign up in the golf shop.

Please repair ball marks on the green. A ball mark repaired correctly heals in a few days. If it is not repaired, or is repaired incorrectly, it will be visible for weeks.

LEARN TO GOLF ADULT CLASSES

"Take the Mystery out of Golf"

Session #1

Price includes - Five group lessons (four at the range and one on the golf course), plus four 9-hole rounds of golf (golf cart not included). Instruction will cover putting, chipping, full swing, rules and etiquette. This course is designed for beginner golfers.

Instructor: Dale Jorgenson, Director of Golf (263-4224)
Date: Wednesdays - March 2nd, 9th 16th, 23rd and 30th.
Time: 1600 - 1730
Class Size: Maximum 8 students
Minimum 6 students
Price: \$75
Enroll: Sign up at the golf course pro shop.

Next session starts 6 April.

Classes are open to SOFA status and MLC/IHA/HPT or JGSDF patrons only.



“See the Bugle for the advertisement”.

U

sed car referral service. New to Camp Zama or PCS'ing and need to buy or sell a car? Stop by your Camp Zama Auto Crafts and let us help you. We will list your vehicle for sale on our referral list. All vehicles must be registered to qualify for this free service.

The Auto Craft shop is always looking for volunteers who have some automotive / mechanical background. Please stop by the shop for more information on how you can give back to the military community. Volunteer application forms may be picked up at the Red Cross Office or Army Community Service.

■ Auto Craft Shop • 263-3615

HOURS OF OPERATION:

Monday and Tuesday - CLOSED
Wednesday - Friday
1 - 9 pm
Saturday - Sunday
10 am - 6 pm

PLEASE NOTE:

- Wednesday - Friday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

LADIES DAY

Ladies, have you ever wanted to repair your car but just did not know how? Your Camp Zama Auto Craft Shop is pleased to offer "Ladies Day". You will receive personalized instruction and assistance to repair and keep your vehicle in top running shape. The personalized service is free; all you pay is a nominal facility usage fee.

LIFETIME SPORTS AND RECREATION PROGRAM

- Rebuilding a Chevy V8 (completion), 2 March, 4:30 - 6:30 pm

- Automotive Servicing, 9 and 16 March. In this class you will learn to properly inspect and service your vehicle. Instruction includes checking oil levels, servicing and adding fluids and tire inspection and inflation. Great for beginners.

SERVICES

• **Used Vehicle Courtesy Inspection**
We offer a 20 point courtesy inspection for Soldiers and eligible personnel who are considering the purchase of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying it. We do not make recommendations or give guarantees. Inspections are done by appointment only.

• Towing Service and Roadside Assistance

We offer a towing service and roadside assistance Wednesday through Sunday. Call for rates and more information.

CAR WASHES

Auto Crafts has three car wash locations: Camp Zama, Sagamihara Housing and Sagami General Depot. All locations offer the same service. The cost is very reasonable! ¥300 for a water wash, ¥500 for a "soap wash" and ¥600 for wash and wax. All machines now accept 25¢ coins. Cost is \$3, \$5 and \$6 respectively.

At Sagamihara Housing Area, the car wash is located behind the Sagamihara Gym Annex Bldg #S126, open 24 hours; at Sagami General Depot, next to the AAFES Gas Station, open 24 hours; and at Camp Zama at the Auto Crafts Shop, Bldg. #621; open seven days a week, Monday and Tuesday 8 am - 4:45 pm, Wednesday through Friday 8 am - 8:45 pm and Saturday and Sunday 10 am - 5:45 pm.

Prepaid cards for the "NEW" car washes are for sale at the Zama Auto Craft Shop. The cost is ¥3,000, but you get ¥3,500 worth of washing!! Ask Auto Craft Shop personnel for more information. Avoid the hassle of having to get change; it's the best deal going!

NEW SERVICES

Only
\$59.95

Professional Fuel Injection Cleaning Service: \$59.95

Cleans fuel system and injectors for easier starts (especially cold weather), better engine performance and helps improve gas mileage.

Professional Oil System Cleaning Service: \$59.95

Cleans engine oils system. Helps remove the sludge built up in engines that have not had frequent oil changes. Also helps eliminate noisy lifters. Environmentally safe (oil & filter extra).

Call for appointment, 263-3615



MARCH CLASSES

- 2 March, 4:30 - 6:30 pm, Rebuilding a Chevy V8 (Completion)
- 2 and 16 March, 1 - 9 pm, Ladies Day
- 9 and 16 March, 4:30 - 6:30 pm, Automotive Servicing. In this class you will learn to properly inspect and service your vehicle. Instruction includes checking oil levels, servicing and adding fluids and tire inspection and inflation. Great for beginners.

For more information, phone Frank Bordenaxe at 263-3615.

TIP OF THE MONTH

HOW TO JUMP START A CAR SAFELY

Step One

Park the booster vehicle close to the one that needs to be jumped, but not so close that the vehicles are touching in any way. You'll want to use a good set of jumper cables with thick wire and clean clamps. As you are hooking up the jumper cables, make sure they don't dangle into either engine compartment where they could get caught on moving parts (belts, fan, etc.). Turn off the ignition of both vehicles, set the parking brakes, and make sure that they are in either "Park" or "Neutral" depending on whether the vehicles have an automatic or manual transmission. Also, turn off all accessories like lights, radio and, if the vehicles are in a safe area, the hazard flashers.

Step Two

Begin the process by clamping one of the positive jumper cable ends (red) to the positive battery terminal (labeled with a "+" on the battery) of the dead vehicle. Be sure the connection is strong with the clamp securely "biting" onto the battery terminal.

Step Three

Connect the other end of the positive cable (red) to the positive battery terminal on the booster vehicle (again, confirm that a "+" is next to the battery terminal). If the terminals are corroded on either vehicle, you may have to scrape them with an abrasive such as steel wool to achieve a solid connection.

Step Four

Connect the negative cable end (black) to the negative battery terminal on the booster car (marked with a "-"). Finally, attach the other end of the negative cable to an unpainted metal surface on the engine of the dead car. Find an unpainted bolt or bracket that is as far from the dead battery as possible. This will provide a solid ground while further reducing the possibility of igniting any hydrogen gas.

Step Five

Make a final check to confirm that the jumper cables are not near any moving engine parts, and start the booster car. Let it idle for several minutes, depending on the state of the dead battery. If the dead battery is new and was drained by the lights being left on an extended period of time, it will probably start immediately. If it is an old battery or it has sat for a long time (more than a month) it will probably take a while to charge it sufficiently.

Step Six

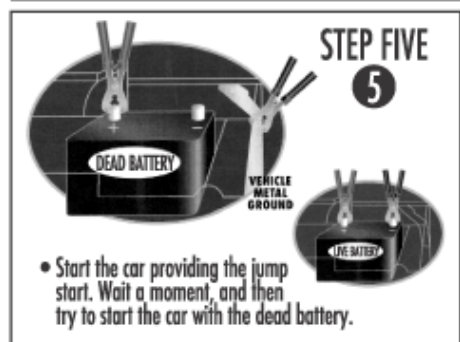
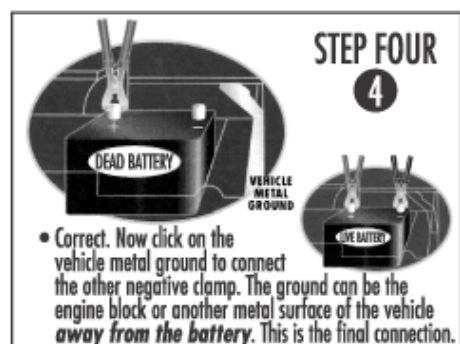
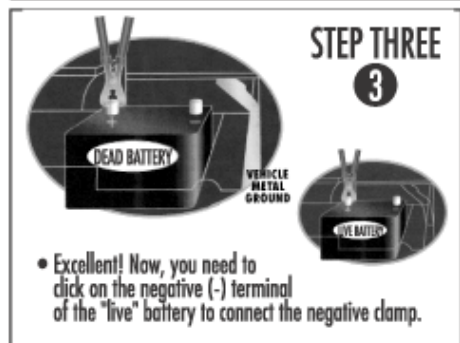
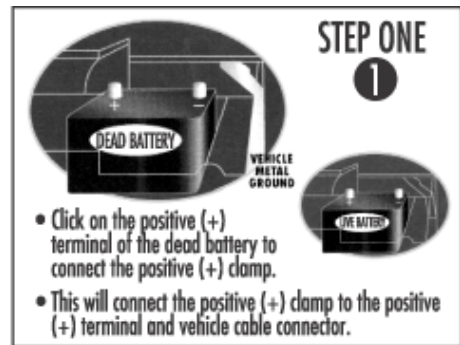
Start the dead vehicle and let the two vehicles idle for a few minutes. If the dead vehicle refuses to start, don't keep trying or you might damage the starter. If there is the possibility of additional problems, like a lack of fuel, don't continue trying to start the dead vehicle until the other problem(s) are solved.

Step Seven

Once the dead vehicle is started and running smoothly, disconnect the jumper cables in the reverse order that they were connected. As you disconnect them, be careful not to let the dangling cables fall into the engine compartments or touch each other.

Step Eight

Drive the revived car to somewhere safe and secure before shutting off the engine. Depending on the battery's condition, it might need to be jumped the next time it is started. To properly charge the battery, attach it to a certified battery charger and leave it connected for at least 12 hours. You can also take it to an automotive repair shop for complete charging. Driving the car for an extended period can also charge the battery, but this should be done only if the other two options aren't available. A vehicle's alternator is primarily designed to maintain a battery, not charge it from a complete drain.



C

ustom

Picture Framing.

All orders are completed on a first come, first served basis. We have a variety of moulding, mat boards, design colors and styles for you to choose from.

■ Arts and Crafts • 263-4412

Stop by to engrave a "Torii Gift" for your friends.

LIFETIME SPORTS AND RECREATION

Washi paper class, 4, 11, 18 and 25 March, 2 - 4 pm and 4 - 6 pm. \$15 does not include materials. Materials are available at the Center.

INSTRUCTORS NEEDED

The Arts and Crafts Center is looking for instructors to teach gift wrapping, pottery, water color, acrylic

paint, stained glass, woodworking and various other arts and crafts.

WOODWORKING ORIENTATION

Thursday, 6 - 6:30 pm, and Saturday, 10 - 10:30 am. DA 3031 Qualification Card is issued after the safety orientation. No fee.

THE CRAFTS STORE

The Crafts Store at the Arts and Crafts Center has many products for your crafts and fine arts needs. Choose from Washi paper, rubber stamps, ceramic supplies, oil and acrylic paints, polymer clays, tea boxes, plywood and more.

PRINT SHOP

• Screen Printing and Heat Transfer Printing

We carry heavyweight 100% cotton t-shirts. We will special order colors, size and style of shirts based on your request. All orders completed on a first come, first served basis.

..... ARTS AND CRAFTS CLASSES

Framing			
Basic	Wednesday	6 - 8 pm	\$10 plus materials
Advance & Refresher		Appointment only	\$10
Textile Arts	Thursday (1, 2 and 3rd)	5 - 7 pm	\$15
Japanese Dough Art	Friday	10:30 am - 12:30 pm	\$10 plus materials
Tole Painting	Thursday (2nd and 4th Saturday)	3 - 5 pm	\$15
Washi Paper	Friday	2 - 4 pm	\$15 plus materials
		4 - 6 pm	\$15 plus materials
Ikebana	Thursday (1, 2 and 3rd)	2 pm	\$15 plus materials
Scrap Book Making	Saturday	2 pm	\$10

All classes and orientations require registration in advance at the Arts and Crafts Center.

A R T S & C R A F T S C E N T E R

4th

ANNUAL

Wild Animal Life

PHOTO CONTEST









- 1st, 2nd and 3rd places will be awarded.
- Winners will receive their awards at the 5 March, 3 pm, "Travel Fair" (CZCC).

For more information, please call 263-4412.



CLASSES

The Community Cultural Center offers the following instructional classes:

• Piano Lessons

Piano lessons are conducted Monday - Friday. Classes are instructed by Ms. Sekita, Ms. Ishii and Ms. Sako. The cost is ¥6,500 per month.

• Violin Lessons

Violin lessons are held on Thursdays and instructed by Ms. Noda. The cost is ¥6,500 per month.

• Koto Lessons

Koto lessons are offered each Tuesday and are instructed by Ms. Kawasaki.

The cost is ¥8,000 for adults and ¥7,000 for children per month.

• Hula Dance Lessons

Hula dance lessons are held on Mondays and Thursdays and are instructed by Mr. Roger Pueblos. The cost is \$50 per person or \$35 per person for more than one person from the same family.

• Jazz Dance Lessons

Jazz dance lessons are offered each Wednesday and are instructed by Ms. Chilson. The cost is \$36 per month for children 4 - 6 years of age, and \$40 per month for those seven and above.

FACILITY RESERVATIONS

Looking for a place to conduct your training sessions, ceremonies and briefings? The Community Cultural Center is the place. For more information, phone 263-3939.

RENTALS

The Community Cultural Center has sound equipment, costumes, table rentals, table cloths/skirts, tournament dart board games, and tournament chess game sets for rent.

Looking for that perfect costume for birthday parties, holidays, and other events? The Community Cultural Center is the place for you. We have over 300 costumes and wigs for your rental needs.

CCC NEEDS INSTRUCTORS

The Community Cultural Center is seeking instructors to teach piano, taiko drum, ballet, Japanese gourmet cooking and salsa dance. Interested persons should contact the Community Cultural Center or call 263-3939 for more information.

"See the Bugle for the advertisement".

For dates, times, and more indepth information on all the tours listed below, check out our monthly getaway guide or please call the "Zama Local Tours" office. Our customer service will be happy to help you out!

March Tours



...at a glance

- 5** • Heiwajima Antique Fair
- 6** • **Strawberry Picking & Mito Sea Paradise**
• Yokohama Curry Museum & Kirin Beer Village
- 12** • Mystery Ski Trip
• Tokyo by Day
- 13** • Kamakura Excursion
• **Mt. Takao Fire-Walking Fest.**
- 19** • Makai Ranch & Lamb Barbeque
• Irish Sports Day & Evening Entertainment
- 20** • Enoshima Island
• Ueno Zoo & Park
• **New Sanno Brunch & St. Patrick's Day Parade**
- 26** • Kamogawa Seaworld
- 26-27** • Kyoto Overnight Trip
- 27** • Fujikyū Highland
• Yokosuka Shopping

***Highlighted Tours are listed in bold.**

***Icons shows the services/fees included in the cost.**



•Guide



•Transportation



•Admission/Tickets



•Meals



•Hotel

Outdoor Rec & Local Tours

263-4671 (Map location 31)

STRAWBERRY PICKING & MITO SEA PARADISE

Sunday, 6 March

Depart: 7 am • Return: 6 pm

Yearning for a little bit of country? We'll take you to pick delicious, fat strawberries in Nirayama, a concentrated spa town located near central Izu. The best part of this tour is the all-you-can-eat in 30 minutes. Yum! Afterwards, we'll take a short ride to Sea Paradise, an aquarium with an assortment of sea life. *Bring yen for souvenirs & food/drinks (or feel free to bring your own food/drinks).*

Adults: \$45 • Youths: \$39

Infants: \$19



MT. TAKAO FIRE WALKING FESTIVAL

Sunday, 13 March

Depart: 9 am • Return: 5 pm

This ceremony is held once a year to pray for world peace, health and safety. The event begins with a procession of priests dressed in brilliantly colored brocade robes. The head priest carries an open red lacquered parasol. Prayers, incantations and music accompanied by conchshell blowing follows. Piles of cedar boughs are set on fire for 45 minutes and then priests and followers and even some spectators walk barefoot across the hot coals (if you want to cross, register your name at the entrance). You can make your stay here all the more memorable by joining the many Japanese men and women, young and old, in walking across the bed of ashes. Mounds of salt are placed at both ends to cool your feet before and after crossing. *Bring yen for cable car & chair lift fee, souvenirs and food/drinks (or feel free to bring your own food/drinks). Also a camera and comfortable pair of shoes. Cable Car & Chair Lift fee: Ranges*

from ¥310 to ¥520.

Adults: \$19 • Youths: \$9

Infants: \$5



NEW SANNO BRUNCH & ST. PATRICK'S DAY PARADE

Sunday, 20 March

Depart: 8 am • Return: 8 pm

A tradition in Japan since 1992, the St. Patrick's Day Parade in Tokyo is the biggest Irish event! Various dignitaries from many countries participate in the parade, such as the deputy prime minister of Ireland! The parade includes many displays, such as the bagpipes, dancers, an adorable group of native Irish dogs, bands and dance squads from participating schools and clubs, the Guinness Beer Mug mascot and much more! On the way, we'll stop by the New Sanno Hotel for an all-you-can-eat Brunch. Last minute purchases such as cameras can be made at the NEX located inside the hotel. *Bring yen for souvenirs & food/drinks (or feel free to bring your own food/drinks).*

Adults: \$29 • Youths: \$19

Infants: \$9



Better Opportunity for Single Service Member

• **BADD Van-**
BOSS Against Drunk Driving
Every Friday night at the
Firelite Lounge (CZCC)
Rides from 11 pm - 3:30 am
to Sagami Depot, SHA,
Camp Zama and Atsugi Housing.

MEETINGS

***All meetings are at 2 pm at the CCC..**

- **Tuesday, 8 March**
- **Tuesday, 22 March**

Outdoor Rec & Local Tours

263-4671 (Map location 31)

PLUM BLOSSOM FESTIVAL IN MT. MAKU PARK

Saturday, 5 March

Depart: 6:30 am • Return: 2:30 pm

The plum blossom festival at Makuyama Park in Yugawara consists of about 4000 red and white plum blossom trees along a gentle slope, which looks like a large flower carpet at this time. Take a break and enjoy some fresh air surrounded by the gorgeous scenery. If you would like, partake in hiking Mt. Maku to see the mountain-top view of the ocean. It takes a total of about 4 hours hiking. *Bring yen for souvenirs & food/drinks (or feel free to bring your own), a hat, rain gear, hiking boots and a hiking stick.*

Adults: \$17 • Youths: \$13

Infants: \$5



AIKAWA PARK

Saturday, 12 March

Depart: 7:30 am • Return: 3:30 pm

Enjoy your day out of the city in this beautiful park located by the Miyagase Dam. The dynamic and thrilling view of the dam site, enjoyable walking trails up and down

on a flower hill, and kid train are just a few of the many things offered! Optionally, Susan will introduce you to the enjoyable nature/bird walk. *Bring yen for souvenirs & food/drinks (or feel free to bring your own), rain gear and binoculars.*

Adults: \$17 • Youths: \$13

Infants: \$5



SALTWATER FISHING SLLAGINOID, SCORPIONFISH

Saturday, 19 March

Depart: 5:30 am • Return: 5 pm

Let's get on the boat and fish for sllaginoid and scorpionfish that taste so good, especially if it's deepfried! A little bit of salt and lemon juice is all you need to eat such fresh fish. For the beginners who don't have any fishing gear, don't worry! The rental poles (¥500), fishing tackles (¥200/ea.) and bait (¥100) are all available on the boat. Reservations are required so please let our staff know when you sign up for this trip. Limited to: 8 participants, ages 12 & up only. *Bring yen for rental poles, tackles (if needed), souvenirs & food/drinks (or feel free to bring your own),*

Also, rain jacket and pants.

Adults/Youths: \$75



BACK COUNTRY SKI TRIP

Saturday, 26 March

Depart: 7 am • Return: 6 pm

Beginners are welcome! But you must be able to ski down advanced runs! You don't have to ski fast, slow is good. Just make sure you've got what it takes to get to the bottom! If so, come on and join us! Let's enjoy the beautiful back country world that is so often overlooked, except by us! There will be a friendly ski guide and free hot drinks.

Limited to: 6 adult participants only.

Bring yen for souvenirs & food/drinks (or feel free to bring your own food/drinks) and ski wear, goggles & gloves.

Cost: \$99 w/ski sets, \$95 w/own equipment.



CARING KENNELS

Our caring staff will assure that your pets get the special care they need while you are away on vacation or TDY. Daily fees are: \$15/dog kennel, \$10/cat kennel. PCS status has priority. Call the Kennel at 263-5915 for reservations or more info.

AVAILABLE NOW!!!

For more indepth **info** on tours & events, check out the **monthly brochures** provided at the Outdoor Recreation & Local Tours Office and other MWR facilities. It's **FREE!!!**

Check out our
"St. Patty's" Tours!



Hit the Slopes!

Van Rental



If you're hitting the slopes, ask for one of our "Ski Vans" including snow tires & chains. Free toll tickets are provided. Call

- Active duty at Zama/SHA/Sagami Depot reservations - up to 45 days prior to the pick up date.
- Civilians at Zama/SHA/Sagami Depot - 40 days.
- All other reservations - 30 days.

Only \$50 per day!
(plus refueling)

Hourly Rate: \$10/hour

(Truck/Cargo Van

maximum 3 hour rental only.)

Full rental fee required upon making

reservations.

W

elcome

packets, information and referral, the loan closet, S.I.T.E.S., and sponsorship are but a few of the services available through the ACS Relocation Readiness Program. One-on-one relocation counseling and planning are available as well as general and specific information on any location worldwide. Sponsorship packets and individual and unit training sessions are available from the Relocation Readiness Program Manager. Call 644-4385 for any relocation information.

ATTENTION CUSTOMERS

Torii Station Fitness Center New Hours of Operation are as follow:
As of 19 February, 2005
Monday - Friday: 5:30 am - 8:30 pm
Sat, Sun and Holidays: 10 am - 6 pm

■ Torii Station, Okinawa MWR Activities • 644-4270

ARMY COMMUNITY SERVICE, 644-4110

• *Army Family Team Building (AFTB) Program*

Instructor training for all those interested in becoming AFTB instructors will be held 15, 16, and 17 March in the ACS Conference Room, Building 236. This is an excellent opportunity for Army spouses on Okinawa to take advantage of free training and gain valuable volunteer experience as an AFTB instructor. For further information or to register, please call 644-4743.

The AFTB Program also sponsors an English as a Second Language class for foreign-born spouses. Call for specifics.

The AFTB Level I, Level II, and Level III course offerings will be announced at a later date. We have class booklets and information handouts in various languages. In addition to our English version, we have books in German, Korean, and Spanish.

• *The ACS Financial Readiness Program*

offers assistance with consumer complaints. If you have a consumer complaint, call us and we will assist you in rectifying a complaint with a business. Our financial counselor offers skilled guidance to help you negotiate the system. We also offer

assistance with checkbook management, budgeting, and financial planning. Our Financial Readiness Manager assists with Army Emergency Relief loans and grants. Call 644-4378 for assistance.

• *Our ACS Employment Readiness Program*

offers employment assistance to career-oriented spouses seeking to self-actualize by pursuing careers and participating in the workforce. Our employment readiness counselor holds classes on job skills training, resume writing, and interviewing. Call 644-4116 for assistance in any of these areas. We also manage an up-to-date job bank with online resources for employment seekers.

The Torii Station ACS offers services through its Exceptional Family Member Program, Family Advocacy Program, and Victim Advocacy Program. Call 644-4106/4908 for assistance. Briefings and classes are available to units upon request.

SPORTS, 644-4334

• *Army Payday Scramble Golf Tournament*

Monday, 7 March, 6 am

Entry Fee:

E-4 and below: \$24

Other SOFA: \$27.50

MLC/IHA: ¥5,100 (\$51)

Others: ¥9,800 (\$98)

Sign up at the Torii Station Sports and Fitness Center.

For more information e-mail Tsutomu.kochi@okinawa.army.mil or Call 644-4334

• *Dragon Boat Race*

Thursday, 5 May

Men and women who desire to participate as a member of the Army dragon boat teams can sign up at the Torii Fitness Center, Bldg 275. Women's team captain is Mrs. Keoho, 633-4030. Assistant captain is Mrs. Gilliland, 633-3103. Men's team captain and assistant are needed to organize the men's team. Contact Mr.

CORAL COVE
"Sunday Breakfast Buffet"

The buffet includes all of your breakfast favorites and an omelet station for only \$6.95. Children under 12: \$3.95 and children under 5: eat free. For more information, call 644-4017.

Kochi at 644-4334 or e-mail:
Tsutomu.kochi@okinawa.army.mil.

AUTO CRAFT CENTER, 644-5612

- **Hours of Operation:**

Tue and Wed, CLOSED
Thu, Fri, Mon, 11 am - 8 pm
Sat and Sun, 9 am - 6 pm

PLEASE NOTE:

Clean up starts a half hour before closing.

- **Safety Orientation**

DA 3031-1 Qualifications Card for use of auto crafts is issued after a safety orientation given every day. This briefing is required before facility use. The Auto Skills Center is available to solve your automotive problems. Your auto problems can be resolved with the help of our professionally trained mechanics. You won't find a better price anywhere on the island. Let our staff get you ready for your inspection. We can't do the inspection, but we can prepare you for it.

- **Classes: One-On-One**

There is a class in different types of welding:

One Class / \$20 per hour.

Gas Welding and Cutting

Arc Welding

MIG Welding

Tig Welding

Plasma Cutting and Safety Orientation (free).

OUTDOOR RECREATION, 644-4698

Torii Beach camping area:

\$5/lot with grill, South camping area
(for family use).

\$50/whole North camping area (for
group use).

ARTS AND CRAFTS CENTER, 644-4303

Mon, Thu and Friday:

noon - 8 pm

Sat and Sunday: 9 am - 5 pm

Tue and Wednesday: Closed

- **Classes and Services**

Framing and matting classes are
available for all military patrons and

family members. The wood working and ceramics departments are also available for your use.

LIBRARY, 644-4468

- **Hours of Operation:**

Tuesday - Saturday: 10 am - 7 pm

Sunday - Monday: Closed

The Torii Station library is supplying in-library viewing, listening and interactive multimedia materials and equipment for patrons. For group video viewing, an insulated room with easy chairs and hi-fi video equipment are available. For parents with small children who want to use an internet computer, the library provides another insulated soundproof room. This room has an internet computer for the parent and a computer with interactive computer learning games for simultaneous use by their children. A VCR and TV can also be used for viewing children's video tapes.

SCUBA LOCKER, 644-4290

Check with the training staff to sign-up for scuba classes and don't forget about the opportunity of a lifetime...Dive with a Whale Shark!! The Scuba Locker has the latest equipment for the true diver. Visit us and see the always changing line of diving gear being offered. Whether you are a brand new diver,

a novice, or you desire to upgrade to the top level of qualification, we have a highly qualified staff available to train you. Did you know that the Scuba Locker offers free air fills to all ID card holders?

CORAL COVE CLUB, 644-4017

- **All You Can Eat Pasta Bar**

Every Tuesday, 4 - 10 pm, the cost is only \$6.95 at the Seaview Lounge in the Coral Cove Community Club. Two kinds of pasta, marinara and alfredo, plus a selection of meats and vegetables, garlic bread and a glass of wine.

- **Cook Your Own Steak**

Every Saturday, 4 - 10 pm, at the Seaview Lounge in the Coral Cove Community Club. Hand cut-to-order select rib eye steak, 75¢ per ounce plus \$2 for sides of baked beans and cole slaw. Hot dogs for the kids are only \$1.

FREE MOVIES

Torii Station free movies are showing at the Coral Cove Club. Look for schedules in the "Island Market", "This Week on Okinawa" and "Torii Newspaper"

Torii MWR information Website Address:

<https://10asg.usarpac.army.mil/10asg/mwr/mwr.htm>

ST PATRICK'S DAY 5K/10K RUN



13 March, Sunday Start: 8 am

Starting Point: 4 Way Intersection (PMO-Dental Clinic)

Registration: Sign-up at Torii Station Fitness Center (Bldg. 275)

Entry Fee: \$10

Age Category: 18-25, 26-35, 36+ (Male & Female)

For more information, phone 644-4334

Directory of MWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611

Army Community Services Branch

- **Army Community Services** 263-8327
Mon, Tue, Thu, Fri 0700-1700
Wed 0700-1500

ZAMA Golf Club

- Director of Golf** 263-4224
- Administrative Office** 263-4966
(All the following golf activities are open during lunch.)
- Course/Starter** 263-4975
Mon-Fri 0700-1700
Weekends & US / Japanese Holidays 0600-1700
- Restaurant** 263-7665
Mon, Tue, Thu, Fri 0630-1700
Wed 0630-1800
Weekends & US / Japanese Holidays 0530-1700
- Pro Shop** 263-5284
Mon-Fri 0645-1700
Weekends & US / Japanese Holidays 0545-1700
- Driving Range** Unattended
Wed - Sat Sunrise-2200
Mon Sunrise-1930
Tuesday 1000-2200
Sun 1600-2200
- Chip Inn & Snack Stand** 263-5834
Mon-Fri 0800-1600
Weekends & Hol. 0700-1500

Community Operations Division

- **ADMINISTRATIVE OFFICE** 263-4452
263-5614
- **BOWLING CENTER ZAMA** 263-4780
Mon-Wed, Sat-Sun 1100-2200
Thu & Fri 1100-2230
Holidays Closed
- **BOWLING CENTER DEPOT** 268-4954/4606
Tue - Sat 1100-2000
Sun - Mon Closed
- **ZAMA COMMUNITY CLUB** 263-4133
Lunch
Tue-Thu 1045-1315
Sunday Brunch 1000-1330
- Cashier & Game Rooms**
Sun-Thu 1000-2300
Fri 1000-0230
Sat 1000-0330
- Catering** 263-4204
Tue, Thu & Fri 0930-1730
Wed Apts Only
- Café Roberto**
Tue-Thu & Sun 1100-2200
Fri 1100-0100
Sat 1100-0100
- Cornerstone Game Room (no bar)**
Tue-Thu & Sun 1000-2300
Fri 1000-0330
Sat 1000-0230
- Eda's Seafood & Filet**
Thu & Sun 1700-2100
Fri & Sat 1700-2200
- Firelite Lounge**
Sun, Tue-Thu 1630-2300
Fri 1630-0330
Sat 1900-0230
- USA Dining Room**
Tue, Thu & Sun 1700-2100
Wed Closed
Fri-Sat 1700-2200
- **HOB NOB INN** 267-6097
Lounge & Game Room
Mon, Tue-Thu 1630 - 2100
Wed 1630 - 2300
Fri, Sat 1630 - 0100
Sat 1900 - 0100
Sun Closed
- Restaurant** (Closed)

- **SAGAMI LOUNGE** 268-4954
Take Out 268-4142
Lunch Mon-Fri 1100-1300
Dinner Tue-Sat 1700-2000
- Lounge/Game Room**
Tue-Thu 1100-2200
Fri 1100-2400
Sat 1630-2300
Open during lunch

Community Recreation Division

- **ADMINISTRATIVE OFFICE** 263-7935
- **ARTS & CRAFTS CENTER** 263-4412
Mon-Tue Closed
Wed-Thu 1300-2100
Fri, Sat & Sun 1000-1800
Open during lunch
- **AUTO CRAFTS SHOP** 263-3615
Mon-Tue Closed
Wed-Fri 1300-2100
Sat-Sun 1000-1800
- **COMMUNITY CULTURAL CTR** 263-3939
Mon-Fri 0900-2045
Sat, Sun & Hol Closed
Open during lunch
- **INTERNATIONAL TOURS** 263-5273
Mon-Fri 1000-1800
Open during lunch
- **LIBRARY** 263-3517
Zama
Mon-Thu 1000-2030
Fri- Sun & Hol 1000-1800
Open during lunch
- Depot** 268-4523
Tue-Thu 1000-1800
Fri & Sat 0900-1700
Sun, Mon Closed
Open during lunch
- Sagamihara** 267-6603
Tue-Thu 1000-1900
Fri-Sat 0900-1800
Sun, Mon & Hol Closed
Closed for lunch 1400-1500
- **OUTDOOR RECREATION** 263-4671
US Holidays Closed
- Vehicle Rental/Equipment Rental**
Mon-Fri 0900-1730
Sat-Sun 0800-1600
Open during lunch
- Local Tours** 263-4671
Mon-Fri 0900-1730
Open during lunch
- Animal Boarding Kennels** 263-5915
Mon-Fri 1000-1700
Sat-Sun 1000-1600
Closed for lunch 1230-1330
- **POOLS** 263-5656
YANO 263-5037
Mon-Fri 0600-1800
Sat-Sun, Holidays 1000-1800
- SHA** 267-6122
Mon-Sun 1200-1800
- DEPOT**
Wed-Sun 1200-1800
- **SPORTS/FITNESS CENTER** 263-4664
Zama
Mon-Fri 0530-2030
Sat-Sun, Holidays 1000-1800
- Sagamihara** 267-6122
Mon, Tue, Wed, Fri, Sat & Sun 1200-1800
Tue Closed
- Depot** 268-4729
Wed-Fri 1200-1900
Sat & Sun 1200-1800
Mon, Tue Closed

Child and Youth Services Branch

- **ADMINISTRATIVE OFFICE** 263-5701
- **Child & YS Coordinator** 263-8086
(All the following CDC facilities are open during lunch.)

- Central Registration** 263-4743
Mon-Fri 0830-1730
- Depot Dev Group Home** 268-4625
Mon-Fri 0830-1730
- Sagamihara CDC** 267-6564
Mon-Fri 0530-1800
- Zama CDC** 263-4992
Mon-Fri 0530-1800

- **YOUTH SERVICES**
Depot Youth Center 268-4625
Zama Youth Center 263-4500
Mon-Thu 1430-2000
Fri 1430-2200
Sat 1200-2200
Sun 1400-1800
- School Age Services (SHA)** 267-6317
Mon-Fri 0630-1800
- Youth Sports** 263-5437
Tue-Sat 0900-1800
Open during lunch

- **ADMINISTRATIVE OFFICE** 263-5962

Zama Lodging

- **ADMINISTRATIVE OFFICE** 263-3293
- Reservation Desk** 263-2775
- Front Desk** 263-3830
Open 24 hours/7 days a week

USAG-J Okinawa MWR

- **MWR OFFICE** 644-5396
- **ARMY COMMUNITY SERVICE**
Director 644-4110
Receptionist 644-4175
Relocation Coordinator 644-4385
Outreach/Volunteer Coordinator 644-4116
Finance/Consumer Affairs/AER 644-4378
School Liaison Officer 644-4908
Family Advocacy 644-4106
AF TB / AFAP Manager 644-4743
- **ARTS & CRAFT CENTER** 644-4303
Lobby 644-4706
- **CORAL COVE COMMUNITY CLUB**
Business Manager 644-4894
Lounge 644-4306
Cashier Cage 644-4426
Kitchen 644-4505
- **LIBRARY** 644-4468
Staff Room 644-5335
- **MARKETING** 644-4703
Commercial Sponsorship 644-4495
Graphic/Illustration 644-4665
- **MOVIE THEATER** 644-4381
- **SPORTS/OUTDOOR REC** 644-4144
Customer Svc/Pavilion Rental 644-4334
Sports Specialist 644-4797
Event Coordinator 644-4169
Swimming Pool 644-4389
Scuba Locker 644-4795
Retail Sales 644-4290
Equipment Issue 644-4263
Parks, Picnic & Beach 644-4698

Kure Harbor Club

- **MWR Office** 0800-1630 256-2580
256-2581
- **Outdoor Recreation** 0900/1700 256-2575
- **Dining Room**
Mon-Fri (Breakfast) 0700-0830
Mon-Fri (Lunch) 1130-1300
Tue-Sat (Dinner) 1630-2000
- **Bar**
Mon 1630-2000
Tue-Sat 1630-2200
- **PX / CLASS 6**
Mon-Fri 0900-1730
Sat 1130-1530



Camp Zama, Japan

28TH CHERRY BLOSSOM FESTIVAL

SATURDAY, 9 APRIL 2005

Adults 10 AM~ 7K RUN & 3K WALK

• Entry Fee: \$10 for SOFA, ¥2,000 for non-SOFA

Youth 8:30 AM~

3K RUN & 3K WALK

• Entry Fee: \$10 for SOFA, ¥2,000 for non-SOFA

**SPECIAL
ADULT PRIZE:**

**PAIR OF AIRLINE TICKETS TO
THE USA (COURTESY OF
CONTINENTAL AIRLINES)**

INFORMATION FOR ADULTS:

- Starting time: 10 am in front of the Community Cultural Center
- Registration: At the Yano Fitness Center NLT 1 April (T-shirts will only be given to the first 400 people who register).
- Awards: Top 3 awards in both men's & women's divisions in the following age categories: 18 - 29, 30 - 39, 40 - 49, and 50 plus (awards also to the overall top male & female runners)
- For information, phone Andy Abe at 263-7980

INFORMATION FOR YOUTH:

- Registration at Central Registration Office 1 March - 3 April and morning of race 7 - 8 am at table set-up inside CCC
- Packet pick-up and lottery ticket for all youth participants at CCC from 7 - 8 am, 9 April
- Awards for top three boys and girls for each age group (gold, silver and bronze medals)
- Awards and lottery drawing directly after race at CCC (each child will receive a lottery card for sponsor prizes awarded after age group medals)
- For more information, phone Youth Sports Office at 263-5437/5991/3424

ADULT DOOR PRIZES (all participants are eligible):

- Pair of tickets to the August NFL game in Tokyo (Colts vs Falcons)
- Canon Digital Camera (courtesy of DYDO Drink Co)
- Power Tool (courtesy of Grainger Inc)
- JVC VHS Player (courtesy of AAFES)
- JVC DVD Digital Theater System (courtesy of AAFES)

YOUTH DOOR PRIZES (all participants are eligible):

- 2 ea Nintendo DS Video Game Systems (courtesy of DYDO Drink Co)
2 drawings, 1 ea for American and Japanese youth participants
- 2 pairs of Tokyo Summerland tickets
2 drawings, 1 ea for American and Japanese youth participants
- Mountain Bike (courtesy of Grainger, Inc)
- JVC Portable CD Player (courtesy of AAFES)
- Backpack (courtesy of K2 Japan)

THANKS to all of our sponsors for supporting this event:



Sponsorship does not imply endorsement by the U.S. Government.



MWR Adventure Fair

10 am - 4 pm, Saturday, 5 March

Here's your opportunity to plan your next vacation!
 The "MWR Adventure Fair" is a great place to get first hand information on ski areas,
 Japanese & Western style lodging (in Mainland
 Japan, Guam and Okinawa), outdoor adventure areas, a special
 "bonsai" display and much more.

Several "**Door Prizes**" will be given away on the hour starting at
 11 am - 4 pm. In addition to these scheduled door prize drawings,
 there will be other drawings periodically throughout the day.

Door Prizes (partial list):

- Lodging in Hakuba, Nagano, Okinawa, Guam & Sapporo
- Ski Lift Tickets, Airline Tickets
- Beginner or Advance Scuba Instruction
- Climbing Wall Instruction
- Tickets to quality restaurants, and more

*See the "**Stars & Stripes**" newspaper on
 27 Feb. & 2 Mar. for the "MWR Adventure
 Fair" advertisement and coupon. Bring
 this coupon (original only-one for adult) to
 the Fair to be eligible for a drawing for
 two "special" door prizes.

*The CZCC will be offering food
 demonstrations and various
 foods representing your travel
 destinations.



Special Thanks to our sponsors for supporting this event and our community!

Arai Mountain & SPA

Coca-Cola

Costco

Fish-On

Fujiya Hotel

Hakkakuso Lodge

Okuma Recreation Area (Okinawa)

Hotel Grand Mer (Okinawa)

Hotel Sante Fe (Guam)

Iwappari Ski Area

Japanese Inn Group

Japan Underwater Explorers

New Sanno Hotel

Pension Hayaokodori

Phoenician Plaza Hotel (Sapporo)

Pop Bonsai

Stone Mountain

Tanbara Ski

Villa-Alpen Ski Area